



2018

ELEMENTARY LUNCH MENU

	<p>Breakfast and Lunch Free for all students Pre-K - 12th Grade</p> <p>All meals require at least one fruit or vegetable choice</p>	<p>All meals include</p> <p>New York State produced Low fat or fat free milk</p> <p>100% fruit juice Fresh fruit Fruit cup</p>	<p>Daily choices</p> <ul style="list-style-type: none"> • Yogurt combo meal • PB & Jelly sandwich • Chef Salad 	
	<p>1</p> <p>Macaroni and cheese Garlic bread Peas</p>	<p>2</p> <p>Chicken nuggets Mashed potatoes & gravy Carrots Dinner roll</p>	<p>3</p> <p>Taco in a bag Lettuce, cheese, salsa Refried beans Brown rice Corn Sour cream</p>	<p>4</p> <p>Personal pizza Or fish on roll Tossed salad Steamed spinach</p>
<p>7</p> <p>Hotdog on roll or Corn dog Baked beans Cauliflower</p>	<p>8 Early Dismissal</p> <p>Spaghetti with meat sauce Green beans Italian bread</p>	<p>9</p> <p>Grilled cheese sandwich Tomato soup Crackers Baby carrots</p>	<p>10</p> <p>French toast sticks Breakfast sausage Hash brown patty Cinnamon apples</p>	<p>11</p> <p>Cheese pizza Or fish sticks & dinner roll Tossed Salad Broccoli</p>
<p>14</p> <p>Chicken patty on roll Baked potato smiles California blend vegetables</p>	<p>15</p> <p>BBQ rib on roll Pasta salad Green beans Ice cream cup</p>	<p>16 Early Dismissal</p> <p>Cheese quesadillas Brown rice Corn Sour cream Salsa</p>	<p>17 Parent Day</p> <p>Cheeseburger on roll With lettuce, tomato & onion Baked curly fries Baked beans</p>	<p>18 Farmer Friday</p> <p>Pepperoni pizza Or fish on roll <u>New York grown Kale salad</u> <u>With apples and Craisins</u></p>
<p>21</p> <p>Meatball sub with mozzarella cheese Tossed salad Green beans Fruit slushies</p>	<p>22</p> <p>Macaroni and cheese Cheese breadstick Steamed carrots</p>	<p>23</p> <p>Popcorn chicken Mashed potatoes and gravy Corn Dinner roll</p>	<p>24</p> <p>Cheese pizza Or fish sticks/dinner roll Tossed salad with garbanzo beans Steamed broccoli</p>	<p>25</p>
<p>28 No School Today</p>	<p>29</p> <p>Hamburger on roll Baked French fries Steamed carrots</p>	<p>30</p> <p>Chicken patty on roll Mashed potatoes and gravy Green beans</p>	<p>31</p> <p>Twin tacos Lettuce, cheese, salsa Refried beans Brown rice Corn Sour cream</p>	

South Seneca is an equal

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